

## **DOUBLE SLALEM SKIER**

Mimicing the action of winter olympic sport slalom skiing, the Double Slalom Skier works both the upper, lower and core muscles.

This fantastic piece of equipment allows for two users to engage in a workout at the same time. Thus creating a unique way of encouraging social relationships, as well as improving fitness.

That's one reason why this slalom skier is one of the most popular units from our adult outdoor gym equipment range.

### **What does an open air slalom skier offer?**

- Easy to use cardiovascular exercise equipment
- Improved balance and coordination
- A workout for the lower body and core muscles
- Large, plastic edged footplate which is suitable for those with both smaller and larger feet
- A unique safety stop system