

Combi Pull Down Challenger & Power Push

Combining two of our most popular strength building machines, our Combination Pull Down Challenger & Power Push unit provides a full upper body workout.

The machine is closely related to both the indoor 'Lat Pull Down' and 'Chest Press' ensuring outdoor gym goers get the best, most comprehensive workout for their upper body strength!

What does the Combi Pull Down Challenger & Power Push offer users?

- Offers the benefits of two machines, in a fraction of the space.
- Full workout for the chest, arms and back muscles.
- Great for building upper body flexibility, as well as strength.
- A unique "[safety stop](#)" system.

Which muscle groups will I be working?

